

Dear Friend/Neighbor,

Hi! I am a neighbor and am involved with an organization named Families Forward, which works with families in crisis in our community. My family and I want to support this work and make a difference in these families' lives. I invite you to consider joining us as we seek to help people less fortunate. For 26 years Families Forward has been helping families in crisis and the need is growing due to the current economic situation.

Families Forward – Mission:

- **Homeless Prevention**, which helps families who are severely at-risk of homelessness by providing emergency food, utility, rental assistance and career coaching.
- **Transitional Housing**, which provides housing for homeless families with minor-aged children.
- **Career Coaching** to assist people in obtaining employment by developing their skills, assessing career opportunities.

The SUMMER challenge is HERE!! During summertime, the food supply at the Families Forward food bank becomes extremely low, making it difficult to provide food to these families. Currently the food assistance program is serving 120+ families a week with groceries to help them through these challenging times. The families receiving this service are from Tustin to San Clemente. All the food is donated from the community.

You can help! Will you join me in donating food to the food bank this summer?

Needed Items: * - Extremely Low

Canned Beans* – Baked, Black, Kidney, Refried	Peanut Butter*
Canned Fruit* – all kinds	Chili, Stew*
Canned Chicken*, Fish, Beef*	Pasta & Pasta Mixes
Canned Tomato products,*	Pasta Sauce, Spaghetti Sauce*
Canned Vegetables	Rice* & Rice Mixes*
Cereal,* Pancake Mix* & Syrup*	Snacks (Granola Bars, Fruit Snacks)
Canned and dried soup	Juice – Boxed Drinks*
Toilet Paper*, Paper towels, tissues	Toothpaste, toothbrushes, shampoo
Jelly/Jam *	

You can reach me at _____ . I would be happy to pick up the food or you can bring it to my home at _____ .

Thanks so much! Your neighbor, friend _____



To learn more about Families Forward, visit their website: www.families-forward.com