

Dear Friend/Neighbor,

Hi! I am a neighbor and am involved with an organization named Families Forward, which works with families in crisis in our community. My family and I want to support this work and make a difference in these families' lives. I invite you to consider joining us as we seek to help people less fortunate. Since 1984, Families Forward has been helping families in crisis and the need is growing due to the current economic situation.

Families Forward

Mission: Families Forward exists to help families in crisis achieve and maintain self-sufficiency through housing, food, counseling, education, and other support services.

- **Homeless Prevention**, which helps families who are severely at-risk of homelessness by providing food assistance and seasonal programs.
- **Transitional Housing**, which provides housing for homeless families with minor-aged children.
- **Career Coaching** to assist people in obtaining employment by developing their skills, assessing career opportunities.

Currently the Families Forward food assistance program is serving 100+ families a week with groceries to help them through these challenging times. The families receiving this service are from South Orange County, from Tustin to San Clemente. All of the food is donated from the community.

You can help! Will you join me in helping supply food items for the food pantry at Families Forward?

Needed Items: * - Extremely Low

Canned Beans* - Baked, Black, Kidney, Refried	Peanut Butter*
Canned Fruit* - all kinds	Chili, Stew*
Canned Chicken*, Fish, Beef*	Pasta & Pasta Mixes
Canned Tomato products,*	Pasta Sauce, Spaghetti Sauce*
Canned Vegetables	Rice* & Rice Mixes*
Cereal,* Pancake Mix* & Syrup*	Snacks (Granola Bars, Fruit Snacks)
Canned and dried soup	Juice - Boxed Drinks*
Toilet Paper*, Paper towels, tissues	Toothpaste, toothbrushes, shampoo
Jelly/Jam *	

You can reach me at _____.

I would be happy to pick up the food or you can bring it to my home at

_____.

Thank you so much! We appreciate your support and generosity.

Your neighbor, friend _____

FAMILIES FORWARD

DIGNITY • EMPOWERMENT • HOPE

To learn more about Families Forward, visit their website: www.families-forward.org