Community-Wide Food Drive

Most Needed Food Items:

- Peanut butter
- Canned fish and chicken
- Plain rice, 2lb. bags
- Cereal
- Canned pasta sauce
- Canned beans, canned chili
- Canned fruit and applesauce
- Canned vegetables
- Hearty canned soups
- Canned tomato products
- Canned pasta/stew
- Pasta (dried)
- Chili, stews
- Fruit juice, boxed juices
- Baby food and baby formula
- Diapers (size 4, 5, and 6)
- Baby wipes
- Toilet paper, paper towels, tissues

LS Low sodium/low sugar appreciated
Additionally, pop tops are appreciated

To make a monetary donation to support Families Forward, please visit www.families-forward.org/donate
Since 1984, Families Forward has existed to help families in need achieve and maintain self-sufficiency through housing, food, counseling, education, and other support services.

The Harsh Realities of Hunger in Orange County

1 in 5 children are food insecure, unsure of where their next meal will come from. 50% of students in Orange County qualify for free or reduced-priced lunches, an indicator of poverty.

Families Forward’s Impact

We help approximately 7,000 low-income adults and children with food each year, which allows families to focus on paying for other necessities, such as rent, or utilities. Without enough food, the most basic human need, stability in other areas is impossible.

You Can Help!

Donate items listed on the front of this flyer and feed vulnerable Orange County families! For more information on how to combat hunger in your community, contact Families Forward.

Connect with Families Forward

facebook: families.forward
twitter: familiesforward
googleplus: familiesforward
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