The holiday season is especially difficult for the families we serve, as parents who struggle to provide their family's basic needs are forced to explain to their child why they cannot afford to buy that special wishlist item.

Each December, generous donors make the holidays brighter for local families in need by donating gifts. **Teen gifts are especially needed at this time.** Below is a list of gift items commonly given out or requested.

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### Please, no used or gently-used items. All gifts should be brand new.

- Skateboards
- Headphones/earbuds
- Bluetooth speakers
- Travel mugs/water bottles
- Balls/sport equipment
  - Football
  - Basketball
  - Baseball & glove
  - Soccer ball
  - Volleyball
- Arts & craft supplies
  (such as: drawing or painting kits)
- Board games
  (such as: Jenga, Apples to Apples, Pictionary, Scrabble, Uno, deck of cards)
- Makeup, bath/nail products
- Perfume or cologne
- Hair accessories (hair ties, headbands)
- Toiletries (such as shaving kits)
- Flat irons, curling irons, hairdryers
- Movie tickets
- Amazon gift cards
- Target gift cards
- Clothing store gift cards
  (such as: Old Navy, Forever21, H&M)
- Fast food gift cards
  (such as: In-n-Out, Chick-Fil-A, Del Taco, Yogurtland, Chipotle, Subway)
- Shoe store gift cards
- Pajama bottoms/lounging pants
- Scarves & beanies
- Purses
- Wallets
- Backpacks
- Mittens/gloves
- Jewelry
- Watches
- Socks
- Sports jerseys, sport bags
- Jackets/sweatshirts
- Athletic clothes

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Families Forward is an Irvine-based 501(c)(3) nonprofit whose mission is to help families in need achieve and maintain self-sufficiency through housing, food, counseling, and other support services.