

FAMILIES FORWARD

Group Volunteer Opportunities

We are able to continue our work thanks to our amazing community! We appreciate your interest in getting your community involved with us, please see below for an overview of our current group opportunities.

Frequency

- Opportunities are based on the current amount of work we have, we try our best to accommodate every group, but this is not always possible.
- If your group is specifically interested in helping with our Seasonal Programs, please re-direct to our Seasonal Programs information page.

Availability

We offer Food Pantry volunteer shifts year-round; however these are dependent upon the quantity of food donations we have. During the Spring and Summer, we tend to have fewer donations to sort through; we welcome you to host a food donation drive in correlation with your volunteer shift to guarantee work.

- **Food Pantry Shifts:** *Additional days & times can be considered upon request.*
Monday – Thursday, 2 hours per group.
 - 10:00am – 12:00pm
 - 12:00 – 2:00pm
 - 2:00– 4:00pm

Group Size

- Up to 12 individuals
- If you have a group larger than 12, please indicate this to our team. At times, we may be able to accommodate larger groups.

Activities

- We always begin with an introduction to our mission and what we do as an organization.
- Food Pantry activities may include sorting, dating and shelving food donations, filling bags of food and additional tasks as needed.

Requirements

- Each attendee will need to complete a waiver prior to volunteering.
- Children ages 10+ are welcome with a supervising adult.
- It is recommended that volunteers have the ability to bend and lift up to 20 pounds; however, accommodations can be made upon request.

NEXT STEPS

If you feel that this opportunity is the best fit for your group, please reach out to our Volunteer & Community Engagement Manager, Amanda Benedetti at: abenedetti@families-forward.org.

We will follow up with you and may schedule a call to learn more about what you are looking for.