

FAMILIES FORWARD

Group Volunteer Opportunities

We are able to continue our work thanks to our amazing community! We appreciate your interest in getting your community involved with us. Please see below for an overview of our current group opportunities.

Frequency

- Opportunities are based on the current amount of work we have; we try our best to accommodate every group, but this is not always possible.
- If your group is specifically interested in helping with our Seasonal Programs, please redirect to our Seasonal Programs information page.

Availability

We offer Warehouse & Community Market volunteer shifts year-round; however, these are dependent upon the quantity of food donations we have. During the Spring and Summer, we tend to have fewer donations to sort through; we welcome you to host a food donation drive in correlation with your volunteer shift to guarantee work.

- **Community Market Shifts:** Additional days & times can be considered upon request.
Tuesday – Thursday, 2 hours per group.
 - 10:00 – 12:00pm
 - 2:00 – 4:00pm

Group Size

- Up to 12 individuals
- If you have a group larger than 12, please indicate this to our team. At times, we may be able to accommodate larger groups or provide alternate options.

Activities

- We always begin with an introduction to our mission and what we do as an organization.
- Warehouse and Community Market activities may include sorting, dating and shelving food donations in our warehouse and restocking the market throughout the shift.

Requirements

- Each attendee will need to complete a waiver prior to volunteering.
- Children ages 10+ are welcome with a supervising adult.
- It is recommended that volunteers have the ability to bend and lift, up to 15 pounds; however, accommodations can be made upon request.

NEXT STEPS

If you feel that this opportunity is the best fit for you, please provide the following information to our *Volunteer & Community Engagement Manager*, Amanda Benedetti at: abenedetti@families-forward.org.

We will follow up with you and may schedule a call to learn more about what you are looking for.

Information to Provide:

- First & Last Name of Coordinator:
- Contact Phone Number:
- Group Name/Company (if applicable):
- Group Size:
- Preferred Day(s) & Time(s):
Please provide your top 3 choices